

Monroe's Ultimate Journey

Empty the Cave Additional Material

I want to discuss of how many researchers have claimed that there is a type of maze in the afterlife that one must navigate through. This can be mirrored with various interpretations of Ancient Egyptian funerary texts such as the *Book of What is in the Duat* and *the Book of Becoming Light or Horus*, or the Bardo realms of the *Tibetan Book of the Dead*. They all seem to indicate a knowledge is needed of a specific journey in the afterlife. And while I see that if one does their work completely while in life such a maze can be avoided, I do think that it is important to examine this area, and to be prepared for such “maze work” to be a possibility. We don't want to arrogantly think we have reached the top of the mountain (hence stop working) when we are really still on the pathway up.

Yet, as I have stated, if one is turning “Exiting” into a physical path, or a thing that the character “you” are doing (ie one must “turn left here, or go here or away from there), the return Home will likely not happen. False will still be present (believing there is a you and a path to follow). Only that which is not false, True, can exit. As long as one's divine fire is still attached to the Matrix energy in some way, the trap is still being spun.

Discussing a few chapters of Robert Monroe's final book *Ultimate Journey*, might offer up a few pointers. I am going to give a very short overview, you are welcome to read the book (especially chapter 15) for a more complete personal examination of his story. I think he might have been very close to Exiting the Matrix in the journeys he was describing, but each time he got close, a new trick was played on him, “happily” having him return to his Matrix life.

In the book¹ he discusses a place he has visited in his OBE experiences that he calls Home, a place beyond this realm that he remembers and wants to return to. Within his adventures he is speaking with many beings in his OBE state, but they all seem to me to be archons pretending to be helpers and thwarting everything Monroe is doing. Monroe tends to believe that they are his friends and guides, but they do not behave like friends to these eyes.

Monroe constantly refers to this Home, as a place that is boring and repetitive. Due to this he felt he wanted to return back to the material world for a sense of excitement. This is similar to how the *Good Place* depicted the afterlife for the four humans, a place of endless tedium. The being tells Monroe to let go of the idea of reaching this Home because it is an illusion. However Monroe claims to continue to have a nostalgic feeling or remembering of this place. Richard Rose reminded that the mood of nostalgia was our most important one, that while it tends to present itself like an idyllic memory of a early enjoyable time in our lives, that is just symbolic for the memory of the place we came from that is not in this realm. This “helper being” seems to want him to back away from such ideas of nostalgia.

Later he winds up speaking to a being that he describes as looking like WC Fields (who has come from a spaceship, thus clearly identified as an alien), who tells Monroe that he has entered this realm on a type of “exporting” mission. He claimed that beings like him need

1 All discussions and quotations of Monroe's experiences are found in his book *Ultimate Journey*

something that is very rare and valuable and can only be obtained in the physical universe. While this commodity is not described, the concept reminds us of his concept from his earlier book of loosh harvesting. The being goes on to say that he is collecting a sense of humour, jokes, and fun, which are “the best tonic there is for overloaded mind systems.” Why do some other dimensional beings care about tonic for overloaded mind systems? Why not just create humour and laughter themselves? How does laughter relate to loosh harvesting? It is a compliment to pain suffering and inner psychological trauma, sort of like the idea of peanut butter and jelly, you can’t have a BPJ sandwich without equal parts of both?

Midway through the book Monroe meets what he calls his “previous selves,” each with its own unique personality. The being also tells him that they have been helping him and all humanity for a long while, and were getting his attention via various signals, one of which was pain and suffering. This is a nice trick they are playing on him by saying that every time he was in pain, it was these “wonderful” beings wanting to communicate with him. Right, these super beings need to make us suffer so we can talk with them. Monroe again just believes their message.

The main focus of examination for this article will be chapter 15. This is where he is traveling on what he calls “the interstate, a highway through the dimensions.” He notices various lights which he calls human consciousness in current non-material form, either headed for or from a material incarnation.

He claims to have gotten very close to an exit point, which he described as “an aperture.” In cameras an aperture is the opening where light passes into the camera. Thus the exit is being compared with the make up of a camera, and as well, the human eye. It is at this point where he hears a voice say to him “*Turn back.*” When Monroe asks if this is a command or a warning, the voice tells him both. The voice claims to first be his old friend of his earlier journeys. Thus he gets his most “gifted advisor” at the point where he might exit. This being gives Monroe an odd worded suggestion about missing his answer and needs to “look back”...which would be a subconscious hypnotic suggestion to get Monroe to look back from where he came (as in towards the material Earth realm), and not be looking ahead to the aperture hole. The situation becomes odd. A second voice is heard who claims to be God, but Monroe does not believe this suggestion. On looking through the description he provides it is obviously the Fallen Creator (Lucifer) speaking to him, thus by the way this being is described in the Old Testament, he is God, but not the True Father (residing in the Pleroma). The being spends the encounter either trying to deceive or frighten Monroe. The being asks why Monroe is not afraid of him, and where are his gifts that he seems to demand, why is he not worshipping him.

When Monroe first had this encounter, he felt like all of the air had “*gone out of his lungs like he was drowning...so throwing him into a fit of pure anxiety.*” Nice introduction from the “loving God.” Then for seemingly no reason the being starts saying the words “*you do not remember, you do not remember.*” I consider this to be a type of hypnotic suggestion. He is trying to get Monroe to forget all about his trip this close to the exit, done in a sort of Derren Brown hypnotic way. Yet Monroe is saying to himself that he does remember (recall that the idea of the need to remember is one of the key elements constantly presented in ancient texts for reaching the state of Ultimate Liberation). REMEMBERING (origin, home, original creation, the Pleroma, and the deception), which is a type of nostalgia, is a key part of what will take a Divine Spark out of the matrix and Home.

Monroe now states a clear truth, “*I remember the tests, the training experience from my I-there, they were so real, I am ready for this demanding energy, it can not harm me. But what is this? What God can this be? It can not harm or affect me. Be calm, warm and friendly.*” This is one of the key parts of the entire chapter. Monroe has recognized the being is not the Father but an impostor, he also knows this false being can not harm him (for it has no authority to engage in one who has remembered fully their Home, mirroring ideas found in the *Apocalypse of James*) and Monroe clearly reminded himself to have no fear, but stay calm, warm and friendly. He has listed a giant package of exit tools right here.

At this point Lucifer begins a new round of tricks and asks, “*Do you not accept me as your God?*” The wording of this question is very tricky, the way a lawyer will ask a question to trick a witness to say one thing when they really mean another. Monroe responds that “*the idea of a god that threatens me, amuses me.*” Monroe then claims to release a picture of himself “blowing apart again and again into a million fragments then reconstituting again after each explosion” thus in a way fully demonstrating that he is the one in complete control of every aspect of his Matrix experience, not the Demiurge. If he could stay in this clarity at this point, I think Monroe would have gone through what he has called the aperture and gone Home. If that occurred my sense would be that his Robert Monroe self (here in the real world) would have died, likely diagnosed as some sort of heart attack or dying in his sleep, but his Awareness and Divine Spark likely would have left the trap and “shifted” Home.

At this point the being again changes tactics and responds “*You are damned. You are no more than the wasted energy of me, who is your lord.*” This is pure Lucifer-speak, who is again trying to get Monroe to turn over his personal authority from the Divine Spark within to the Demiurge. The only way the Fallen Creator can get authority on anything, is if we abdicate ours and give it to him. Monroe should have reminded Lucifer that it can not be a lord over any Divine Spark, since all Sparks are all from the Pleroma, they from outside of the matrix system. Lucifer can only be lord of the things that he created himself in and are of the Matrix. Again such a presentation would be reminiscent of the language found in the *Apocalypse of James*.

At that point when Monroe won't play the game, the being simply vanishes. Monroe now wonders how many of these beings he will encounter on this trip. Up to this point Monroe has pretty much done perfectly for his Exit. I was amazed to read this and sort of realize, he is at the Exit point, he has been met by Lucifer-Demiurge itself, and has held his own. Monroe had acted about as perfectly as I could have suggested. I started to wonder why is he back here writing the book. The rest of the chapter revealed that a new trick was sprung, and this time Monroe fell for it.

Monroe goes to the place he calls home, KV 95, which is not the real Home from the Pleroma (because he would have to have left the matrix, by going out of the aperture), so this might be more thought of as what is referred to as the Void (we can call Nirvana or Heaven). It is still a part of the Matrix. He goes through an odd experience there. He calls it “being in a type of dream,” but then he wakes up, and is back on the interstate traveling. So what happened to him? He was close to the Exit but where is he now? My guess is some sort of controlled dream was thrust upon him, which he woke up from with no memory. We all know that experience. But just because it is forgotten, does not mean that there had not been a dream and interactions happen, and that perhaps some sort of agreement might have occurred that the

conscious mind part of Monroe can no longer remember.

He is getting drawn into the Matrix again all of a sudden. He sees what he calls other beings moving (on this highway) what I would think is movement between births and deaths, the reincarnate cycle. Monroe feels that he “*must stay moving with the others, but they are so much larger than I am, just a speck, so small.*” Something must have happened in the dream experience that he can not remember, to instill in him a sense of smallness, losing his strong sense of authority that he has when dealing with the Demiurge.

All of a sudden a new being appears, which my guess is the Demiurge in a different form and says “*You are indeed a little one (reiterating he is small and weak). Stay with me, I will help you.*” Monroe now believes himself as small and weak and needing help, which this being “wonderfully” promises to give him, adding the command “*stay with me, where you will be safe.*” Anytime an authority figure on any level of the Matrix wants you to do something to keep you safe, move the other direction. Monroe does not, he stays with the being. Monroe all of a sudden feels a surge of energy and feels “better” (a type of love bomb trick) then sees how all is part of a whole. This though is another trick, like how he was presented and “in Matrix home” and not the “Home/Pleroma,” just as the Demiurge is not the Absolute outside of the Matrix, but its in-Matrix mirror. When his vision of this being recedes, he is left feeling just aloneness, and now Monroe claims that he “*needs to get back to the whole*” (happy place to stop the current feeling of separation).

Just at that point the new being ask him something odd “*What gifts do you bring little one? You are incomplete.*” Monroe is very confused about why he should bring a gift, and what type of gift. So first he is tricked to feeling his is alone, then incomplete, and now is made to feel unworthy (as if going to a dinner party without bringing a bottle of wine which no asked for). Yet he seemed quite complete earlier when he managed the discussion by the aperture Exit point.

All of a sudden in the conversation Monroe asks “*why are we stopping?*” He is told the aperture is not yet open but soon will be. Another misdirection placed on him, that the doorway is not open right now, but will be at some unspecified time in the future. So why not go check this out for yourself? Why trust this very untrustworthy being?

Monroe is then shown what is called “the emmitter,” an energy beam “*that creates the dream, or hologram would be a better term, the energy is very strong, a flaming ball of energy..*” Then he shifts focus “*There is a function I have to perform, the emitter reminds me, I need to do this.*” He has just been “programmed” by the energy beam that has been described as a hologram creator. He knows its job is to create false reality, so why would he trust anything coming from it? This is due to the fact he was pushed to aloneness (which must be a core trait he has been dealing with in his life), and that he needs a big strong helper (again probably another life trait). I don’t doubt that certain events were put in his life in order to be able to put emotional pains on this very scene should he get here. These life scripts they give us might be more than just for loosh harvesting while alive, but setting up core emotional wounds that the archons will attempt to exploit in the after-death realm, as seems to have happened to Monroe here.

He gets tricked again. He asks the being what it is like when one reaches this whole or home, the being says he will only give him a short poem, and then tells him “*it will be interesting to you when you return to the dream or hologram.*” To accept this poem as a type of gift, Monroe is

also in a sense making a type of “trust agreement” that he will return to the dream, because he was told that only in the hologram would he understand the poem. Again a subtle trap of language going on here. But Monroe catches this trick and responds, “*when I return? I have to go back to the dream? To lose consciousness again?*” He is giving up his authority again just by the exchange. He is arguing with the being as if the being is the one to decide what Monroe does, not his deeper Truth.

The being tells him that he has no choice that he has to go back for “*he is incomplete... you would not want to abandon those who are waiting for you, even if it were possible.*” The same ideas presented to those in NDE such as “what about the children, everyone has to be saved, all those people need your help.” Playing on one’s human emotions. The end result of this entire package of tricks played on him, was to get Monroe to turn back from the aperture and return to his physical body. In this case with the idea that the being presents the idea that Monroe has a “function/mission to perform.” The standard mission never seems to get realized. Why does everyone fall for it? Because if someone has not Realized What They Are, and instead feel “small, alone and helpless,” there is a hope that some wonderful advanced being has chosen us to carry out some otherworldly mission. None of that is true, just another trick played on us by archon demonic beings.

He just agreed earlier that the entire material realm is but a hologram, and he was even shown the laser transmitter that creates the lie, so who can be waiting for him on Earth? Who can be saved? He does not have realized the fundamental tenants of Awakening, that there “is no world and are no people.” Until you have that fully on board, 1000 deceptions can be set up. On top of that he was given the mostly useless poem that will likely waste enormous amounts of the rest of his lifetime trying to decipher. One giant mindfuck to end the entire experience.

When he got back to his physical body he realized that he was almost dead. He really was right at the Exit point of the matrix, and he came back into the hell hole. I feel for Monroe. I get the sense that he really was working for Truth and Knowing. That his deepest desire was to know what this place is and what to do about it. While it seems like he did not make it Home, what his books have done is give us some valuable tools of some of the final tricks that might be presented to us after our death, so we can prepare now for how we will handle similar interactions. Of course my number one suggestion is to just ignore all such encounters, reminding oneself that your power of Divine Spark is greater than any archon in/of the matrix simulation. Secondly it can help though to feel confident as to how one would proceed if in a dialogue conversation.

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Another of these providing the idea of a physical Exit of the Matrix was Brett Stuart of Technical Intuition Website, a group of remote viewers who many years ago presented their after-death tests in a video titled “Moshka Reincarnation Trap.” Moksha is a Sanskrit word meaning freedom from Samsara (the wheel of reincarnation). The video stayed up for a while, but then later was taken down. I managed to see it while it was available.

His remote viewers were asked what happens to the soul after death. Their response was that they saw a type of net or blocking device around the earth that souls had a very tough time getting through. Some described it as magnetic, and acted like a vice. This is similar to ideas that Wes Penre wrote in a long series of articles over 15 years ago. The viewers claimed

that the entire realm was built to produce traumas, needed for “the material” that a series of very ugly looking beings would extract from the souls. The beings were described as being parasitic and looking like demons. They saw no good, harmony or peace anywhere but is about conquest war and theft. Stuart used a metaphor of bees and honey. The bees are made to make honey, but then collectors came to take the honey, and force the bees to start over making the honey again. That is what the remote viewers claimed is what these beings were doing with us. And while not using the term “loosh” in any way, the honey analogy is a similar reference. This is likely why the elites of the world have so much bee symbolism, they see us as bees, and the loosh as their metaphoric extraction of honey.

While these viewers spoke of a giant war between aliens, they claimed there to be “good ones” versus “bad ones.” Angeliki Anagnostou presents in her book *Can You Stand the Truth* that there is a war between aliens going on, but presents this war being between “evil archons” and “evil skeptomorphs” (tulpa-like human thought forms becoming active in the astral plane). There is no good in the matrix, only two forms of evil fighting themselves for control of the honey (loosh energy).

One thing that was very odd in Mr. Stuart’s presentation was the idea put forth was what he described as the “position and angle that your soul would exit the body at death was important.” He gives no details on what this means, though did make a brief mention about how he claimed Egyptian burials were placed at 45 degree angles. Exactly why the “angle” of Exit from the material body makes a difference is also not explained. However, it did remind me of reading a message from Richard Rose in a lecture where he said that at some point late in the journey of Self Definition, one was going to have to make a big left turn from the path they had been walking to that point. Ms. Anagnostou also suggested to be sure that the soul leaves via a specific exit portal in the head.

Another interesting metaphor given from one of the viewers was the idea that each time a soul reincarnates, a small piece of it is chipped off, which is used to feed a different system that doesn’t have anything to do with the normal Earth reality. The metaphor is of being an engine that is feeding a much larger power plant. The remote viewers also discussed how these demons exist in timeless places, like a void or black hole, they create places of space-time from them. That is also pretty good assessment of this Matrix simulation.

There were some useful tidbits in the remote viewing analysis. However there was no indication of the “non reality” or “Emptiness” of objects, nor is anything akin to Self Definition was mentioned. I am more and more seeing that this has to be the key part of the Exit process, because it is the one area that tends to constantly be omitted from any suggestion of Exiting.

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If you go through the process of complete Self Definition, thus know as a realization What You Are (which is nothing at all of the Matrix) that in itself is 85% of the work. The final 15% will be specific to the Matrix stories that the particular Divine Spark has led, but as you can see, by completing a full Self Definition (which most sources discussing reincarnation traps, Exiting the Matrix tend to ignore) then everything is being set up for the same tricks that Robert Monroe revealed had happened to him in *Ultimate Journey*. It was a powerful book to read, but not for what could be called “detailed information,” but to reveal just how easy a non

Self Realized Awareness is to trick. That is the likely the most important sharing that Monroe left us in that work.