

Timing

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This will be a short article, but this is an important subject. Mr. Park talked to us many times about “timing” being, there was a correct time to be focused on something, and all other times were not. Even when he came to dating for example, he was less concerned about the person we were dating, and more about the "correctness of the timing.

Richard Rose discussed this as well (one of the many similarities I have found between the two men), that we sort of had to be patient most of the time. Not so much still or not doing anything, but not really trying to force anything or make something happen, the standard self help presentation of imposing your will on reality.

For Mr Park it was about having a good idea of where you were headed, and then just get comfortable and be alert. He reminded us that doors do open, the problem is that they tend not to open when we want them to. We tend to have this need to have everything happen tomorrow, not recognizing that it can take weeks, months, and in some cases years for the door to appear. That is a sign of how well you are walking the path. Are you willing to be patient? Are you wasting energy trying to force something to happen, when the timing will for sure only lead to its failure?

The flip side is that when the door appears and timing reveals itself to be correct, now you have to act. Full on, with everything you've got. Part of the patience was to be storing energy, making clear plans, and having a good idea what your reason for something is. Then the door is there, the timing is clear, so you go for it completely.

Because of this way of doing things, you actually feel much more confident about the outcome of the direction you are moving because the timing has indicated that it is now, so if the timing is showing itself to be correct, then something will have to come from it. Even a failure under these circumstances won't be like other failures (from forcing something at the incorrect time) the failure will have as much power in it as success.

So keep an eye out for timing. I can say that it took me years to begin to understand the various levels involved in this simple idea, as well as the ability to start to really ask the question "it is time?" And to start to get comfortable when the answer came back "no" to be ok with that, and not drop the whole idea, but just move on to other things and wait for the time to be correct.

But Mr. Park was clear, if the signs are not green then just don't go ahead. Wait patiently, get comfortable in the stillness and the silence...because once the time is correct, you will often get far more busy than you realize.

But learning to just be patient, because the normal tendency of being still is to think “I am not productive.” Just in such a sentence the human frame has been given a machine technology. Machines and systems are productive, humans are functional and alive. So that was also part of his point, don't worry about productivity, how much you are achieving or any of those things, all that matters is what really matters to you personally. And we wait when the

system says “here it is, go for it.”

Until then we, as Roykan so nicely wrote,

Too lazy to be ambitious,

I let the world take care of itself.

Ten days’ worth of rice in my bag;

a bundle of twigs by the fireplace.

Why chatter about delusion and enlightenment?

Listening to the night rain on my roof,

I sit comfortably, with both legs stretched out.